



St Augustine's Priory, House of Prayer, Cliff Rd, Old Colwyn, Conwy N. Wales LL299RW

CONTEMPLATIVE RETREATS

in the Way of Franz Jalics SJ, also known as the Gries Path

These Contemplative Retreats, with individual daily guidance, are for those seeking to pray and live in a more contemplative way.

Franz Jalics says, 'There are many paths to contemplation. I show you one of them. I'm conscious of the fact that God leads many people to contemplation without any external help. Frequently he uses natural circumstances. A simple life of love, some years on a sickbed, a brush with death, the leaving of one's homeland in order to live among the poor, and other events can lead to contemplation. I do not want to exalt my way above others. On the contrary I am very happy that they exist and I appreciate them. I myself have walked the way I describe: should it help someone else to find his or her way I am satisfied.'

The Team, experienced in facilitating this particular Contemplative Way of Praying and Living, is offering the following Contemplative Retreats in 2023:

- **21st - 30th June and 16th - 25th October** at the above address N.Wales
- **8th - 16th May** at St Rita's Retreat Centre, Honiton, Devon
- **16th - 25th August** at Loreto Spirituality Centre, Llandudno

This particular Way's 'Retreat Team' work through St Augustine's House of Prayer, therefore participants are to apply, in the first instance, for an Application Form available on request from: The Administrator at: enquiries@houseofprayer.org.uk or Telephone:01492 514223

Also being offered is:

'School of Meditation' in the Way of Franz Jalics SJ

This 'School of Meditation' will provide a step by step introduction to the Gries Path of Prayer over 7 consecutive Sunday afternoons Starting 15th October - 26th November 2023 - 2pm-4pm via zoom.

For further information for any of the above please Email the Administrator at:

enquiries@houseofprayer.org.uk or Telephone:01492 514223

www.houseofprayer.org.uk

Sisters of the Sacred Hearts of Jesus & Mary CIO

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